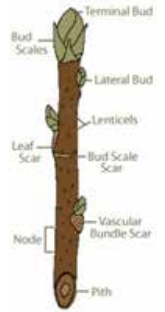




Take a Hike Activity Sheet — February Helm Woods Forest Preserve

Have you ever wanted to identify a tree that didn't have any leaves on it? Well, there are several characteristics besides leaves that can help identify a tree, including the twigs and bark. As you walk along the Central Loop Trail, stop and take a look at a few trees. Below are examples of twigs of the common trees you might see at Helm Woods. See if you can find at least five of these trees; check-off those you see.



Red oak



White oak



Bur oak



Shagbark hickory



Black walnut



American elm



Black cherry



Cottonwood

The Forest Preserve District of Kane County invites you to Take a Hike!

Complete 6 of the 12 "Take a Hike" activities at designated forest preserves this year to receive your Take a Hike patch. Earn credit for a hike by sending answers or your completed Activity Sheet(s) to our naturalist staff via:

- E-mail - programs@kaneforest.com
- Fax - 630-513-1702
- Mail - Creek Bend Nature Center, 37W700 Dean St., Saint Charles, IL 60175

For more information, call 630-444-3190 or visit www.kaneforest.com.

NAME _____

STREET ADDRESS _____

CITY, STATE ZIP _____

TELEPHONE _____

E-MAIL _____

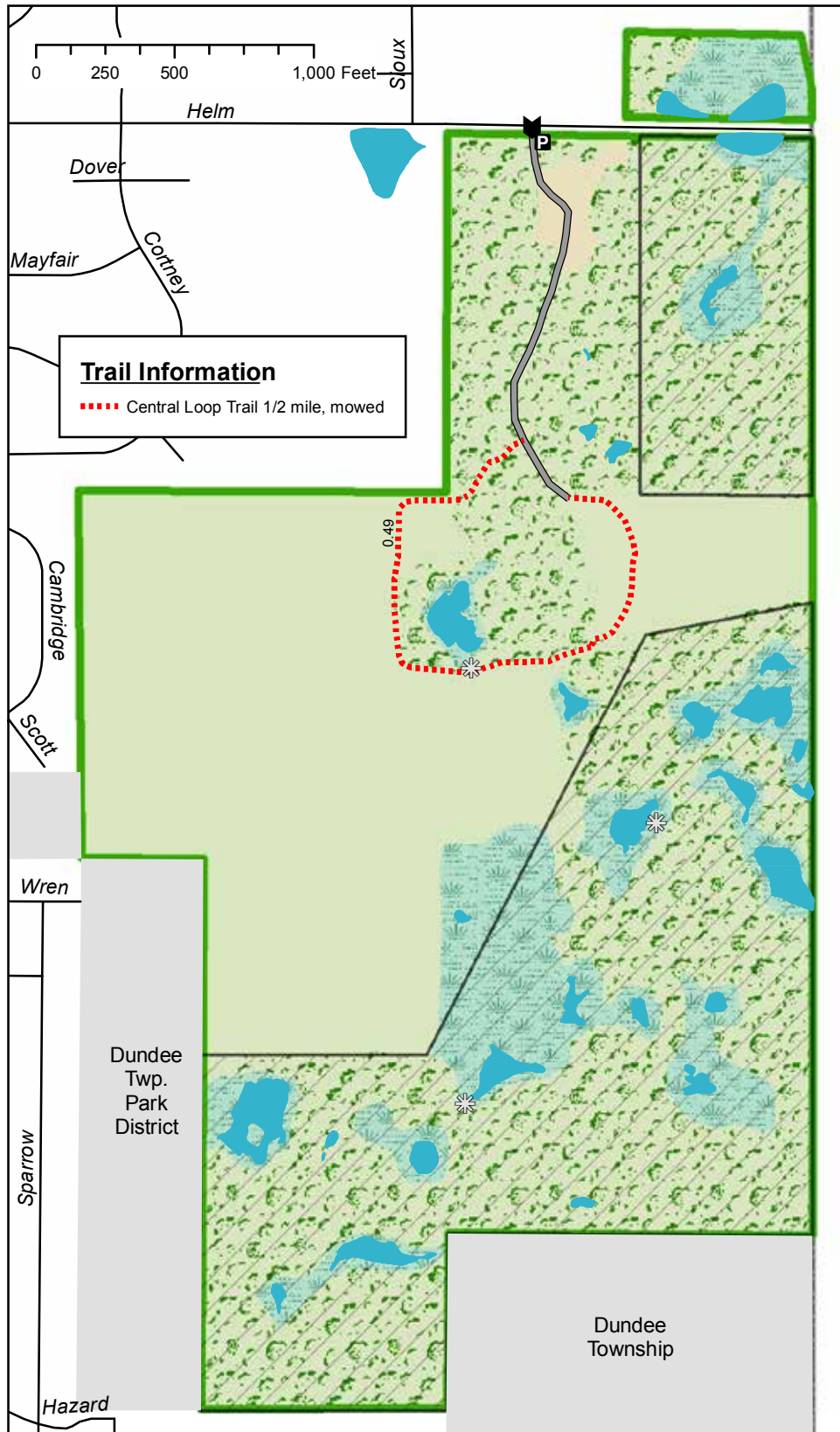
WOULD YOU LIKE TO BE ADDED TO THE MAILING LIST FOR DISTRICT NATURE PROGRAMS? IF SO, SELECT PREFERRED CONTACT METHOD:

- E-MAIL REGULAR MAIL





Helm Woods Forest Preserve



Legend	
	Main Entrance
	Parking
	Road
	Forest Preserve Road
	Open Water
	Public Open Space
	Illinois Nature Preserve
	Forest Preserve
Natural Area -	
	Grassland
	Maintained
	Wetland
	Woodland



157 Helm Road,
 Barrington, IL 60010
 Approx. 1.6 miles east of
 IL Route 25

Acreage = 204
 Total trail miles = 1/2

Information: (630) 232-5980
www.kaneforest.com
 Hours: Daily, Sunrise-Sunset

