

FOR IMMEDIATE RELEASE:

April 7, 2023

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Enjoy Guided Kayak Paddles on the Fox River

GENEVA, IL — Tour our local waterways by kayak with the Forest Preserve District of Kane County!

The kayaking series begins with a lake-based, basic paddling skills class, followed by shorter and less-strenuous river sessions for beginners. As the summer progresses, choose increasingly longer and more technical paddles for intermediate skill levels. Each session, participants will receive dry-land instruction on basic kayaking techniques from an experienced instructor. Afterward, we'll take to the water for a naturalist-led exploration of the fascinating local ecology. Participants meet and park at the take-out location and are shuttled to the put-in location.

Participants may choose any number of sessions; you can take one, two or all six.

For all sessions, participants must be 16 years or older and able to:

1. Hold breath under water while wearing a properly fitted life jacket;
2. Independently turn from a face-down to a face-up position, keeping head above water;
3. Effectively communicate with the instructor and other participants; and,
4. Manage all mobility and personal care independently, or with the assistance of a companion.

Dates and take-out locations for sessions are below:

Session 1: (Skills Training; <1 mile paddle): Sunday, May 21; 10 a.m. - 12 p.m.,
at Oakhurst Forest Preserve, 1680 Fifth Ave., Aurora.

Session 2: (Beginner; 3-4 mile paddle): Sunday, June 25; 10 a.m. - 1 p.m.,
at Voyageur Landing Forest Preserve, 50 Airport Rd., Elgin.

— MORE —

— **ADD ONE** —

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Session 3: (Beginner - Intermediate; 4-5 mile paddle): Sunday, July 16; 10 a.m. - 2 p.m.,
at Ferson Creek Park, Rte. 31 East of Wildrose Springs Dr., St. Charles.

Session 4: (Beginner - Intermediate; 4-5 mile paddle): Saturday, Aug. 26; 10 a.m. - 2 p.m.,
at Ferson Creek Park, Rte. 31 East of Wildrose Springs Dr., St. Charles.

Session 5: (Intermediate; 4-5 mile paddle, with portage): Saturday, Sept. 23; 10 a.m. - 3 p.m.,
McCullough Park, 150 W. Illinois Ave., Aurora.

Session 6: (Intermediate; 4-5 mile paddle, with portage): Sunday, Oct. 8; 10 a.m. - 3 p.m.,
at McCullough Park, 150 W. Illinois Ave., Aurora.

The fee for a single kayak for Session 1 is \$69 per person and includes use of kayak, personal flotation device and paddle; it is \$89 per person for Sessions 2-6. If you provide your own kayak and equipment, the fee is \$45 per person, per session, for sessions 2-6. All fees include shuttle service. Advance registration is required at least one week prior to the program, with payment required at the time of registration.

Call 630-444-3190 or email programs@kaneforest.com to register. Rain will not stop a paddle, but trips may be cancelled (with full refund) due to lightning, low air/water temps, or unsafe water levels.

For more information, visit www.kaneforest.com or find the Forest Preserve District on social media by searching [@forestpreserve](https://www.instagram.com/forestpreserve).