

**FOR IMMEDIATE RELEASE:**

Aug. 5, 2022



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**Guided Kayak Paddles on the Fox River: Aug. 14, Sept. 11 & Oct. 9**

GENEVA, IL — Tour our local waterways by kayak with the Forest Preserve District of Kane County.

Each session, participants will receive dry-land instruction on basic kayaking techniques from an experienced instructor. Afterward, we'll take to the water for a naturalist-led exploration of the fascinating local ecology. Participants meet and park at the take-out location and are shuttled to the put-in location.

For all sessions, participants must be 16 years or older and able to:

1. Hold breath under water while wearing a properly fitted life jacket;
2. Independently turn from a face-down to a face-up position, keeping head above water;
3. Effectively communicate with the instructor and other participants; and,
4. Manage all mobility and personal care independently, or with the assistance of a companion.

Dates and take-out locations for upcoming sessions are below:

**Sunday, Aug. 14; 10 a.m. - 2 p.m. (Beginner - Intermediate; 4-5 mile paddle)** at Ferson Creek Park, Rte. 31 East of Wildrose Springs Dr., St. Charles.

**Sunday, Sept. 11; 10 a.m. - 2 p.m. (Intermediate; 3-4 mile paddle, with portage)** at Glenwood Forest Preserve, 1644 South River St., Batavia.

**Sunday, Oct. 9; 10 a.m. - 3 p.m. (Intermediate; 4-5 mile paddle, with portage)** at McCullough Park, 150 W. Illinois Ave., Aurora.

— MORE —

— **ADD ONE** —

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The fee for a single kayak is \$85/person and includes use of kayak, personal flotation device and paddle. If you provide your own kayak and equipment, the fee is \$45/person. All fees include shuttle service. Advance registration is required, with payment required at the time of registration.

Call 630-444-3190 or email [programs@kaneforest.com](mailto:programs@kaneforest.com) to register. Rain will not stop a paddle, but trips may be cancelled (with full refund) due to lightning, low air/water temps, or unsafe water levels.

For more information, visit [www.kaneforest.com](http://www.kaneforest.com) or find the Forest Preserve District on social media by searching [@forestpreserve](#).