

## **FOR IMMEDIATE RELEASE:**

May 29, 2019

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## **Tour the Fox River by Kayak!**

GENEVA, IL — You're invited to tour our local waterways by kayak with the Forest Preserve District of Kane County.

Our 2019 kayaking series begins with a lake-based, basic paddling skills class, followed by shorter and less-strenuous river sessions for beginners. As the summer progresses, choose increasingly longer and more technical paddles for intermediate skill levels. Each session, participants will receive dry-land instruction on basic kayaking techniques from an experienced instructor. Afterward, we'll take to the water for a naturalist-led exploration of the fascinating local ecology. Participants meet and park at the take-out location and are shuttled to the put-in location.

Participants may choose any number of sessions; you can take one, two or all five. For all sessions, participants must be 16 years or older and able to:

1. Hold breath under water while wearing a properly fitted life jacket;
2. Independently turn from a face-down to a face-up position, keeping head above water;
3. Effectively communicate with the instructor and other participants; and,
4. Manage all mobility and personal care independently, or with the assistance of a companion.

Dates and locations for sessions are below:

**Session 1: (Skills Training; <1 mile paddle):** Sunday, June 9; 10 a.m. - 12 p.m., at Oakhurst Forest Preserve, 1680 Fifth Ave., Aurora.

**Session 2: (Beginner; 3-4 mile paddle):** Saturday, July 13; 10 a.m. - 1 p.m., at Voyageur Landing Forest Preserve, 50 Airport Rd., Elgin.

— MORE —

— **ADD ONE** —

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**Session 3: (Beginner - Intermediate; 6-7 miles paddle):** Sunday, Aug. 11; 10 a.m. - 2 p.m., at Person Creek Park, Rte. 31 East of Wildrose Springs Dr., St. Charles.

**Session 4: (Intermediate; 4-5 mile paddle, with portage):** Sunday, Sept. 8; 10 a.m. - 2 p.m., at Glenwood Forest Preserve, 1644 South River St., Batavia.

**Session 5: (Intermediate; 7 mile paddle, with portage):** Saturday, Oct. 5; 10 a.m. - 2 p.m., at Rocktown Adventures of Aurora, 107 Spruce St., Aurora.

The fee for a single kayak for session 1 is \$69 per person and includes use of kayak, personal flotation device and paddle and \$79 per person for Sessions 2-5. If you provide your own kayak and equipment, the fee is \$39 per person, per session, for sessions 2-5, which includes shuttle service. Advance registration is required at least 1 week prior to the program, with payment required at the time of registration.

Call 630-444-3190 or email [programs@kaneforest.com](mailto:programs@kaneforest.com) to register. Each trip requires a minimum of 6 people. Rain will not stop a paddle, but trips may be cancelled (with full refund) due to lightning, low air/water temps, or unsafe water levels.

For more information, visit [www.kaneforest.com](http://www.kaneforest.com) or find the Forest Preserve District on social media by searching @forestpreserve.

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