

FOR IMMEDIATE RELEASE:

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Learn about cooking and meals for your next backpacking adventure

GENEVA, IL — Discover how to make cooking the best part of your camping trip during “Back Country Cooking.”

There are lots of easy and great-tasting meals for backpacking adventures. At this “Learn from the Experts,” nature program, Terry Bomkamp, owner of Emmaus Adventures, will cover types of camping stoves, stove safety, menus, food preparation, and campsite kitchen gadgets. There will be delicious food to sample, so bring your appetite!

The program is Saturday, April 14, from 11 a.m. - 1 p.m. at Creek Bend Nature Center.

Advance registration is required. This program is for ages 18 and older, and has a registration fee of \$15 per person. Call 630-444-3190 or email programs@kaneforest.com to register.

Learn from the Experts programs are taught by experts in their respective fields and offer in-depth learning opportunities about our local ecology. The programs are offered through a partnership with the Forest Preserve District of Kane County, St. Charles Park District and Geneva Park District.

Creek Bend Nature Center is located within LeRoy Oakes Forest Preserve at 37W700 Dean St., St. Charles.

For more information on Forest Preserve District nature programs, visit www.kaneforest.com or find us on social media by searching @forestpreserve.