

PRESS RELEASE:

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Forest Preserve District invites area seniors out for leisurely strolls

GENEVA, IL — Seniors, come along on a leisurely guided walk through natural areas in the Kane County forest preserves.

Each month, Forest Preserve District naturalists lead a hike as part of our “Senior Stroll” program series. Along the walk, attendees learn about the natural and cultural history of the area. “Senior Stroll” programs last about an hour, with social time and refreshments following the walk. These nature programs are free. Registration is not required.

The spring “Senior Stroll” series will start on Thursday, March 1, from 10 a.m. - noon. This stroll will be held at Bliss Woods Forest Preserve, located at 5S660 Bliss Rd., Sugar Grove.

The next “Senior Stroll” moves to Les Arends Forest Preserve, located at 2S731 Lincoln Way Rte. 31, Batavia. This program is on Thursday, April 5, from 10 a.m. - noon.

The May “Senior Stroll” program will take place at Camp Tomo Chi-Chi Knolls, located at 40W095 Freeman Rd., Gilberts. This program is on Thursday, May 3, from 10 a.m. - noon.

For more information call 630-444-3190 or visit www.kaneforest.com.