

## **PRESS RELEASE:**

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## **Seniors invited on guided forest preserve walks, this summer**

GENEVA, IL — Senior citizens, come along on a leisurely guided stroll through natural areas in the Kane County forest preserves.

Each month, Forest Preserve District of Kane County naturalists lead a stroll, as part of our “Senior Stroll” program series. Along the way, attendees learn about the natural and cultural history of the area. “Senior Stroll” programs last about an hour, with social time and refreshments following the walk. These nature programs are free. Registration is not required.

The summer “Senior Stroll” series will start on Thursday, July 5, from 10 a.m. - noon. This stroll will be held at Brunner Family Forest Preserve, located at 18N681 Western Ave. Rte. 31, West Dundee.

The August “Senior Stroll” moves to Blackberry Maples Forest Preserve, located at 43W231 Main St., Elburn. This program is on Thursday, Aug. 2, from 10 a.m. - noon.

The September “Senior Stroll” program will take place at Burnidge Forest Preserve, located at 38W235 Big Timber Rd., Elgin. This program is on Thursday, Sept. 6, from 10 a.m. - noon.

For more information, call 630-444-3190 or visit [www.kaneforest.com](http://www.kaneforest.com). Find the Forest Preserve District on social media by searching @forestpreserve.