

FOR IMMEDIATE RELEASE:

April 10, 2023

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Area seniors invited on monthly nature walks

GENEVA, IL — The Forest Preserve District of Kane County invites area seniors to join us for our free monthly “Senior Stroll” programs.

On the first Thursday of each month, Forest Preserve naturalists lead a leisurely walk through a Kane County forest preserve and share the natural and cultural history along the way. Dress for the weather – these outdoor programs celebrate the change in seasonal surroundings! Each program includes a pleasant ramble lasting about an hour, followed by social time in the shelter.

Join us at one or all of the upcoming Senior Strolls:

- Thursday, May 4, from 10 a.m. - noon at Oakhurst Forest Preserve; 1680 Fifth Ave., Aurora
- Thursday, June 1, from 10 a.m. - noon at Johnson’s Mound Forest Preserve; 41W600 Hughes Rd., Elburn
- Thursday, July 6, from 10 a.m. - noon at Burlington Prairie Forest Preserve; 13N240 Engel Rd., Sycamore
- Thursday, Aug. 3, from 10 a.m. - noon at Blackberry Maples Forest Preserve; 43W231 Main St., Elburn

No registration is required for these programs. To see a full roster of Forest Preserve District nature programs, visit www.kaneforest.com. Find us on social media by searching @forestpreserve.