

FOR IMMEDIATE RELEASE:

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Seniors are invited on monthly nature walks this fall

GENEVA, IL — The Forest Preserve District of Kane County invites area seniors to join us for our free monthly Senior Stroll programs.

On the first Thursday of each month, Forest Preserve naturalists lead a leisurely walk through a Kane County forest preserve and share the natural and cultural history along the way. Dress for the weather – these outdoor programs celebrate the change in seasonal surroundings. Each program includes a pleasant stroll lasting about an hour, followed by social time and refreshments.

Join us at one or all of the upcoming Senior Strolls:

- Thursday, Sept. 1, from 10 a.m. - 12 p.m. at Dick Young Forest Preserve; 39W115 Main St., Batavia
- Thursday, Oct. 6, from 10 a.m. - 12 p.m. at Jon J. Duerr Forest Preserve; 35W003 Rte. 31, South Elgin
- Thursday, Nov. 3, from 10 a.m. - 12 p.m. at Campton Forest Preserve; 4N379 Town Hall Rd., St. Charles

No registration is required for these programs. To see a full roster of Forest Preserve District nature programs, visit www.kaneforest.com. Find us on social media by searching @forestpreserve.