

FOR IMMEDIATE RELEASE:

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Guided snowshoe adventures available with the Forest Preserve District

GENEVA, IL — Whether you're new to venturing out in the cold snowy months, or a seasoned pro, join Forest Preserve District's "Snowshoe Adventure" programs to give you the skills you need to be comfortable snowshoeing.

After mastering skills like stride length, heel-toe step, and climbing over obstacles, we'll hit the trail for a naturalist-guided hike through the winter wonderland. Snowshoeing is fun, easy, and the perfect way to explore Kane County forest preserves this winter.

Attend one or all four sessions:

- Thursday, Jan. 6; 1-3 p.m. at Camp Tomo Chi-Chi Knolls, 40W095 Freeman Rd., Gilberts
- Sunday, Jan. 23; 9-11 a.m. at LeRoy Oakes Forest Preserve, 37W700 Dean St., St. Charles
- Friday, Feb. 11; 1-3 p.m. at Bowes Creek Woods Forest Preserve, 9N420 Crawford Rd., Elgin
- Saturday, Feb. 19 4; 9-11 a.m. at Burnidge Forest Preserve, 14N035 Coombs Rd., Elgin

The fee is \$25/person/program. Fees will be collected at the program, with payment by cash or check required. The fee includes the equipment rental, skills training, and guided hiking. Registration and shoe size is required one week prior to the program. This program is for ages 8 and above.

To register, call 630-444-3190 or email programs@kaneforest.com. To see a full roster of Forest Preserve District nature programs, visit www.kaneforest.com. Find us on social media by searching @forestpreserve.