

FOR IMMEDIATE RELEASE:

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Enjoy summer guided hikes during Trek with a Naturalist series

GENEVA, IL — Get your daily steps in on an evening hike, while learning about the ecology of a forest preserve, along the way.

Each month, naturalists will lead an invigorating two-hour hike at a different forest preserve. Discover the animal and plant species that inhabit our local preserves as you hike. This program is for ages 18 and above, and is designed for those who like active hiking.

Join us at one or all three hikes:

- The first hike will take place on Thursday, June 20, from 6-8 p.m. at Muirhead Springs Forest Preserve, located at 42W855 Bahr Rd., Hampshire.
- The second hike will be on Thursday, July 18, from 6-8 p.m. at LeRoy Oakes Forest Preserve, located at 37W700 Dean St., St. Charles.
- The third hike will take place on Thursday, Aug. 15, from 6-8 p.m. at Burlington Prairie Forest Preserve, located at 13N240 Engel Rd., Sycamore.

Advance registration is required for these free hikes. Call 630-444-3190 or email programs@kaneforest.com to register.

For more information, visit www.kaneforest.com, or find the Forest Preserve District on social media by searching @forestpreserve.